

THEME: FOOD SECURITY IN MY COMMUNITY

TITLE: **FOOD SECURITY'S ENEMY**

Food is one of the basic necessities of life: It influences various aspects of culture through traditions and religious practices, food also connects people and acts as a national identity. When all people, at all times, have access to nutritious and sufficient food that meets their dietary needs for our active and a healthy life is preferred to as food security. Food security is interrelated to four elements which are availability, access, utilization and stability. But there is an enemy with its negative consequences that hinders food security, it is climate change.

Climate change, is caused by various activities like deforestation, the release of industrial gases, the use of chlorofluorocarbons, burning fuels, setting forests and grasslands on fire. All these causes have negative outcome like floods, hurricanes, high temperature, small amount of rainfall leading to drought and more. All these outcomes create a recipe for disaster which hinders food security.

Most of Tanzanian communities depend on agriculture produce that mainly depends on the seasonal rainfall which are dramatically decreasing season to season. The adverse effect on climate change in agricultural communities include the reduce of crop fields due to drought and reduce the availability of water, a crucial resource to keep agriculture going. Intrusive drought is already having an irreversible impact on food availability and price of food. The increase of food price is a huge leading to hunger and malnutrition diseases, students can't have lunch at school, leading to children having trouble at school, all these is happening because people can't afford the food price.

Also, in our communities the government had not been able to supply food to all rural and urban areas facing food availability problem. Their have not been enough food security programmes in Tanzania that will help people who can't get access to sufficient and nutritious food, as it is one of the basic human right.

In order to protect food security from the enemy it is important for the government to take actions that will slow down climate change by adopting greener policies, more food security programmes in Tanzania must be established. We should also need to change our approach to food production, from using less fertilizers and other polluting substances to grow crops. If we manage to do all these things by the help of the government, we might have a chance to defeat the climate change and have availability, access and utilization of food in my community and in my country Tanzania.

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